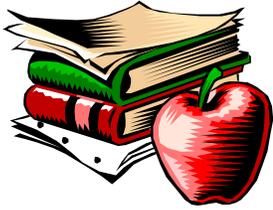


Hunger For Truth

August 15, 2011



“Keep my commandments, and live; and my law as the apple of thine eye.

Proverbs 7:2

Matthew 5:6

John 8:32

II Timothy 3:16-17

Hebrews 4:2

Special Interest Articles:

- Emotions in the Bible – Pt. 1
- “The Benefits of Exercise” by Andrew Lacroix
- Psalms fill-in-the-blank in the “Children for Christ” column

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“Hunger For Truth” is a monthly e-newsletter publication edited by Craig Glickman who is a member of Community Baptist Church of Quakertown, PA where the Pastor is Dr. David Smith.



Greetings

Dear Brothers and Sisters in Christ,

Welcome to the latest issue of Hunger For Truth. I trust each and every reader is having a wonderful summer in the Lord.

In This Issue: you'll find a dev. from Bro. Lacroix along with a new study on Bible passages that relate to emotions entitled “Emotions in the

Bible”. This series will be a study of many passages that I have taken down in personal devotions, from messages and more.

See the “Special Interest Articles” section for just some of what you will see this month in the newsletter.

Also, please note that back issues of the newsletter are available to view, print or save at

www.studytoanswer.net.

The goal of this ministry and newsletter is to edify and encourage believers using the truth of God's precious Holy Word.

Thank you all for taking the time to read this and for your prayers for me. I greatly appreciate your comments and I praise God for each and every one of you.

Meditate on The Word (Psalm 1:2; Psalm 119:148)

The Benefits of Exercise (By: Andrew Lacroix) (7/25/11) (Text: I Tim. 4:6-9)

Andrew D. Lacroix is a member of the Heritage Baptist Church in Norwood, MA (Pastor Steve Hathaway)

I'd like to show you a “side by side” comparison of physical exercise and spiritual exercise to prove a point. The gist of this comparison will show you that while physically we all need to move around, a higher focus must always be maintained on spiritual workouts.

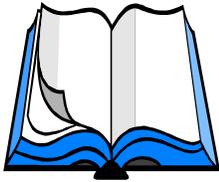
Those who know me know I'm not in the best physical shape. Many of my friends back in eastern PA believed that if I did all the physical activity they did I would not only be faster, but fitter as well. True, in order to be in good physical shape one needs bodily exercise, but one must also incorporate a healthy diet to get or remain in great physical shape.

(Continued on Next Page)



The Benefits of Exercise (Continued) (By: Andrew Lacroix)

People will go to extremes to either get or keep in shape. Gyms are always packed. They have weight loss commercials and television shows dedicated to the idea that physical exercise is the most important thing ever. I am not for or against physical exercise, but when it is placed above anything else in life I believe it is no longer worth it. On the other hand, spiritual exercise is invaluable to a Christian. What is spiritual exercise? I have narrowed this broad subject to three wonderful aspects:



Matthew 5:6

“Blessed are they which do hunger and thirst after righteousness: for they shall be filled.”

John 8:32

“And ye shall know the truth, and the truth shall make you free.”

“Following Jesus is not a popularity contest or a club for the rich and famous, but the unlikely, the undone, the unclean and the unknown make up the kingdom of heaven.”

-Unknown

First, we can **stand up** for Jesus. George Duffield once penned these mighty words: “Stand up, stand up for Jesus, stand in His strength alone”. Although standing in itself is not a challenge of physical stature for many (for some it can be extremely painful), not a lot of Christians truly stand up and admit they are Christians and talk about hell and damnation and the sins of this world. Taking a stand involves forsaking all and following Christ. Taking a stand is being willing to die just as our Lord and Saviour did. Be “crucified with Christ” (Gal. 2:20). Standing up for Jesus is a motivating exercise that will not only produce godliness, it will also draw men to Christ by your faithful witness and you exercising your God-given right to give out the Gospel. We need to let our light shine before men (Matt. 5:16).

Second, we can also be **sowing** good seed that produces eternal fruit. Sowing and all farming physical exercise is very strenuous, but it sure burns a lot of calories to help one maintain their body weight. Spiritual sowing takes seed in good soil and bears lots of fruit (Luke 8:4-8). Verse 15 is precious: “But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.” We can produce much fruit for Christ if we keep and honor His Word in our lives, and have an honest and good heart (Prov. 4:23). An honest and good heart will follow Moses’ statement in Deut. 6:5. Loving the Lord is sowing good seed, so that the Lord can purge us, so we bear more fruit, and that our fruit can remain (John 15:2, 16)

Third, we should always **stretch** for our next attainable goal in sanctification. I heard once that 76% of Americans don’t stretch before physical activity (I know that 60 % of all statistics are fake). Stretching is good for the body, as long as its purpose is not for New Age movements. A spiritual stretch is where we just reached a new point in our Christian walk and we need to stretch for that next point in progressive sanctification. Paul alludes to this twice, that “He which hath begun a good work in you will perform it until the day of Jesus Christ” (Phil. 1:6) and “pressing toward the mark...” (Phil. 3:14). We are sanctified as we yield our lives to the Holy Spirit, becoming more and more godly as we read and ponder God’s Word (Ps. 1:2). His prayer for His disciples should be our prayer: “Sanctify them through thy truth: thy word is truth” (John 17:17). We can’t change overnight, but by continually applying God’s Word to every aspect of our lives, we can and will stretch for the next point.

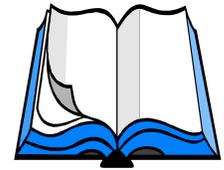
In the end, I think I have proved beyond a shadow of a doubt that spiritual exercise far outweighs the profit of physical exercise. Paul summed his argument with: “This is a faithful saying, and worthy of all acceptance” (v.9). I concur with that statement. Stand up for Jesus, sow good seed, and stretch for the next goal in your **walk** with Christ.

-Andrew D. Lacroix



Emotions in the Bible (Part 1) (By: Craig G.)

There are many verses and passages in the Bible that relate to emotions and feelings of man and our Lord Himself in trials, suffering, affliction, and of course peace and joy. As a very sensitive person who has dealt with many emotional trials since I was a child, I want to begin a study of passages that have convicted, comforted, edified, encouraged or blessed me through hearing messages, devotions and studies over the years. I hope this is a blessing and help to you and I, and that the Lord may be honored and glorified in this series of studies on emotions in the Bible. Each issue, Lord willing, will have a verse or passage in the Bible covered. I am excited and privileged to do this. Praise God! I intend to break each passage down into the following: **Passage, Emotion(s), Cause, Effect, What does the passage say?, What does the passage say to you and I?, What should you and I do about it?, How do you and I stay accountable?**



II Timothy 3:16-17

“All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works.”

Hebrews 4:12

“ For the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”

Passage: Colossians 1:7-11

Emotion(s): Love in the Spirit, Desire, Patience, Longsuffering, Joyfulness

Cause: Obedience by the church at Colosse through Epaphras’ teachings. (Vs. 7)

Effect: God’s blessing upon the body at Colosse and you and I as we obey Him.

What does the passage say? We read of: Love in the Spirit, Unceasing prayer for others, desire that ye might be filled with the knowledge of His will in all wisdom and spiritual understanding, that ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, increasing in the knowledge of God, strengthened with all might, according to His glorious power, unto all patience and longsuffering with joyfulness (vs. 8-11).

What does the passage say to you and I? There is a lot digest in this passage. To digest this or any Bible passage, we need to define it, investigate it, go over it, exercise it, study it and trust in it. This says a lot about God’s power, provision and grace that He daily bestows upon a believer who is filled with the Spirit and has their all on the altar. We need to seek these things in vs. 8-11 in our lives and pray for these in the lives of others.

What should you and I do about it? I know I want to pray, trust God to help me surrender my all daily, take up my cross that I may have the things mentioned in this passage in my life. Do you & I have love in the Spirit for others? Do you and I have unceasing prayer for others? Do you and I desire to be filled with the knowledge of His will in all wisdom and spiritual understanding? Wow! Delight thyself in the Lord and He will place His desires upon our hearts and enable us to be vessels of mercy fit for His use. Do you and I desire to walk worthy of the Lord unto all pleasing? Are we fruitful in every good work? Are we increasing daily in the knowledge of God? How often do we pray and study the bible? How faithful are you and I to our local church? Are we walking in our own strength, or are we strengthened with all might by Him according to His glorious power? Do we have patience and longsuffering? Let us seriously consider these things.

How do you and I stay accountable? Trust God, pray often, keep eyes of faith on Him and in His Word. Be faithful to your local church. Seek the Blessor and not the blessing.



Quotes of The Month

(Source Unknown)

*“The evidence of knowing
God is obeying God.”*

*“Without heavenly values,
our attachment to this
temporal life is skewed,
inordinate, and mistaken.”
“Lord help us see life
through your eyes.”*

*“Implicit trust in God
involves a willingness to
abandon my plans, my
wants, my will and an
eagerness to joyfully
embrace His will, in His
time, accomplished in His
way.”*

*“Three heart conditions
that give us hearing before
the Lord are a tender
heart, a humble heart and
a broken heart.” “Lord,
please give us all these!”*

*“Spread the word,
however, and to whoever
you can, for it’s the only
way to know the difference
between right and
wrong.”*

“Keep on keeping on!”

☺ Children For Christ ☺ - “Psalm Fill-in-the-blank”

Memory Verse:

Coll. 1:8 – “Who also declared unto us your love in the Spirit.”

Was it “Psalm”-thing I said?

David had a way with words. Fill in the missing words in this quiz from verses in Psalms. Try it from memory and then check the verses.

1. Their throat is an _____; they flatter (*speak deceit*) with their tongue. (5:9)
2. Oh Lord, our Lord, how excellent is _____. (8:1a)
3. The LORD is my _____, and my _____, and my _____; my God, my _____, in whom I will trust; my buckler, and the horn of my _____, and my high _____. (18:2)
4. Remember not the sins of _____, nor my transgressions: according to thy _____ remember thou me for thy goodness sake, O LORD. (25:7)
5. The voice of the Lord is _____; the voice of the Lord is full of _____. (29:4)
6. O _____ and see that the Lord is _____: blessed is the man that _____ in Him. (34:8)
7. O sing unto the LORD a _____; for He hath done marvelous _____: his right hand, and his holy arm, hath gotten him the _____. (98:1)
8. And they have rewarded me evil for _____, and hatred for my _____. (109:5)
9. Let my cry come near before thee, O LORD: give me _____ according to thy word. (119:169)
10. I have longed for thy salvation, O LORD; and thy _____ is my _____. (119:174)
11. I will lift up my eyes unto the _____ from whence cometh my _____. (121:1)

National Heritage

**“Without Christ—only fleeting friends, with Christ—
fellowship from the first day of grace until now!”**

-Unknown



Song of the Month – “Do You Know My Jesus?”

This great hymn has such a beautiful melody, harmony and rhythm. It flows so well. The words are super powerful. My friend, Do you know my Jesus?

Have you a heart that's weary, tending a load of care? Are you a soul that's seeking rest from the burdens your bear?

CHORUS: Do you know my Jesus? Do you know my friend? Have you heard He loves you, and that He will abide to the end?

Where is your heart, oh' pilgrim? What does your light reveal? Who hears your call for comfort, when naught but sorrow you feel?

CHORUS: Do you know my Jesus? Do you know my friend? Have you heard He loves

you, and that He will abide to the end?

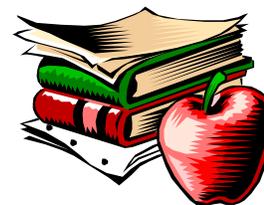
Who knows your disappointments? Who hears each time you cry? Who understands your heartaches? Who dries the tears from your eyes?

CHORUS: Do you know my Jesus? Do you know my friend? Have you heard He loves you, and that He will abide to the end?

Editor's note: Isn't it a blessing all that Christ can and wants to do in and through you and I? What a friend we have in Jesus!



If you have a praise, prayer request, study, devotional or article you would like posted in Hunger For Truth, please e-mail it to me at svtdtday@yahoo.com



Praises

- I praise God for settlement on my house which is August 26, 2011!
- I praise God and want to say thank you to each and every one of you who take the time to read this every month and to those who have sent emails or have spoken to me about how the Lord has blessed you. Please keep them coming. They are a great blessing.
- Praise God for solid Local NT churches all across the land.
- Praise God for Victory in Jesus! Hallelujah, What a Savior!
- Praise God for health, safety, friends, family, and fellowship.
- I praise God for the privilege & blessing of preparing and sending this newsletter to people all across the land.
- Praise God that all we are and have belongs to Him. We should not want it any other way.

Prayer Requests

- Children and teens across the globe with serious health ailments.
- Expectant mothers all across the globe to know the Lord and raise the children for the Lord
- Bro. Greg Myers (recovering from heart bypass surgery)
- Gods grace, strength, wisdom and victory regarding an unspoken request for the HFT editor.
- Those in need of employment and ones seeking other jobs •Wisdom for HFT editor in leaving current jobs
- Pray for wisdom in finding work in MA in God's perfect timing and for process of house sale in PA to go well.
- Pray that God would help the H.F.T. editor find the one wife that God has for him.
- Our nation and its leaders and for revival in this land
- Salvation of my sister Wendy & friend Ben • Local New Testament churches with building needs
- Salvation of my nephew Jacob and Aunts' Sybil and Bernice
- Salvation of our family, friends and co-workers
- Souls devastated by the recent earthquake & tsunami in Japan. Pray for souls to be saved.
- Wisdom regarding HFT, HFT ministries and for FT service as the Lord leads
- Parents across this land to raise their children for the Lord
- Health and needs of Pastors, Missionaries, and Evangelists and their families
- Tract distribution and outreach to lost souls all over the world who were witnessed to last month for salvation

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view, print, or save at:
www.studytoanswer.net**

In The Next Issue

Emotions in the Bible study continues, a devotional from Bro. Lacroix, plus a study in the “Children For Christ” column.

Thank you for reading this. I praise God for all my dear brothers and sisters in Christ and I greatly appreciate your prayers. May each and every one of you be richly blessed as we serve our precious Lord and Savior Jesus Christ.

His Servant,

Craig G. – Prov. 3:5-6

If you do not wish to continue receiving this monthly newsletter, please e-mail me with “please remove” in the subject line.

